

# BENTONVILLE WEST SPORTS MEDICINE EMERGENCY ACTION PLAN

# WOLVERINE ATHLETIC COMPLEX

# 1355 Gamble Road, Centerton, AR. 72719

Instruct EMS to enter off of Gamble Road at Northeast entrance of the school, drive through north parking lot on north side of school. Enter access gate at southwest corner of stadium from the front of DEN

#### EMERGENCY CONTACT LIST

EMERGENCY - 911

POLICE - 479-795-4431

FIRE - 479-795-2550

AINSLEY SUMPTER ATHLETIC TRAINER 972-849-9959

WILL HANNA ATHLETIC TRAINER 479-857-9218

RACHAEL WOOD 479-216-4459

SCOTT PASSMORE ATHLETIC DIRECTOR 479-366-3384

KEVIN DOWNING ASSISTANT ATHLETIC DIRECTOR 501-772-9014

DEPUTY MCCONNELL RESOURCE OFFICER 479-286-9700

HOSPITAL – NORTHWEST MEDICAL, BENTONVILLE, AR 479-553-1000

### EMERGENCY ACTION PLAN INJURY PROTOCOL

## \*IN A LIFE THREATENING EMERGENCY DIAL 911!\*

Life Threatening Emergency

- 1. Stabilize the victim and dial 911
- 2. Direct Emergency personnel to the scene, provide address listed above. Indicate if a head or neck injury is suspected to dispatch operator.
- 3. If available, designate someone to "flag down" EMS and direct them to scene
- 4. Retrieve emergency equipment (AED, First Aid Kit, etc...).

Non – Life Threatening Emergency

- 1. Contact Bentonville West Athletic Training Staff
- 2. Provide location, your name, victims name, phone number and brief description of accident
- 3. Follow all given instructions
- 4. Remain with victim until Bentonville West Sports Medicine Personnel arrive.

#### Roles and responsibilities of individuals responding to emergency:

First Responder (ideally: ATC, head coach, or administrator):

- Immediate care for individual(s)
- Activate Emergency Action Plan
- Stay with injured individuals until help arrives

Second Responder (ideally: assistant coach(es), administrators, resource officer, etc):

- Call 911/Activate EMS (provide name, location, phone number, number of injured individuals, condition of injured, first aid treatment, specific directions, other information requested.)
- Delegate the following duties:
  - Emergency equipment retrieval
  - Unlock and open doors or gates for EMS access
  - Direct EMS personnel (ambulance) to scene
  - Scene control: limit scene to first responders and medical personnel, and move bystanders
  - Contact student's parent or guardian

#### **Lightning Policy**

All coaches and athletes will use the following guidelines in the event of lightning:

In the event of lightning being present, the Athletic Trainer will alert all coaches when the lightning detection device detects lightning within 10 miles of the facility. Should an Athletic Trainer not be present, coaches should check their phones for lightning notifications or email communication from athletic trainers. If coaches do not have access to their phones, use the flash to bang method (Flash to Bang Method – count the seconds from the time that lightning is sighted to when the clap of thunder is heard. A flash to bang count of 30 seconds or less indicates an unsafe proximity).

In either event all individuals are to leave the athletic site and head for safe shelter (enclosed, non-metal structure). It is recommended that you not return to the field for 30 minutes after the storm has passed (last lightning seen), or until the Athletic Trainer has given clearance. \*\*The Athletic trainer will begin a timer from the last lightning recorded within 10 miles. Each time there is a new strike of lightning within 10 miles the 30 minute time must restart. If 30 minutes has passed and lightning has not been recorded within 10 miles, the athletic trainer can give clearance to return to participation.